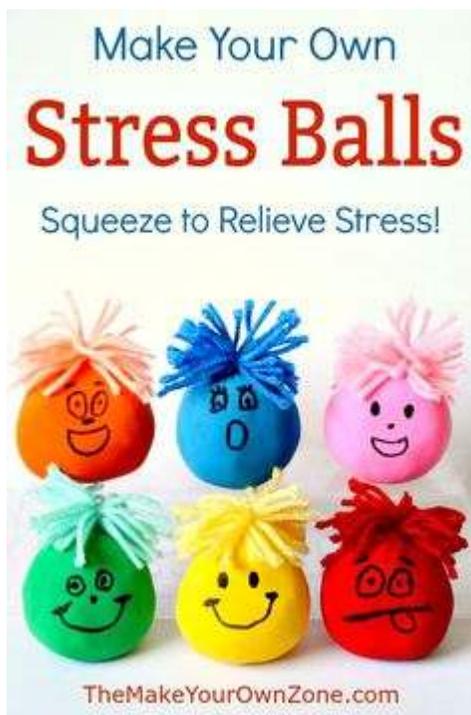




# ARTS & CRAFTS PLAN

## BALLOON STRESS BALLS



## EQUIPMENT

Balloons  
Flour  
Felt tip pens  
Wool  
Funnel  
Teaspoons

## METHOD

**(You will probably need to fill in pairs and help each other!)**

1. Stretch your balloon so it's easier to work with!
2. Place the funnel in the end of the balloon and while one person holds the balloon and funnel, the other needs to spoon flour into the funnel.
3. Once the balloon is full enough, tie a knot in the end of the balloon tightly.
4. Decorate your balloon, drawing faces with felt tip pens etc.

5. Cut several strips of wool for hair. Tie one end of each strip around the knotted part of the balloon.