



ARTS & CRAFTS PLAN

HEART CARDS



EQUIPMENT

Card
Paint
Cotton buds

Scissors

METHOD

1. Fold a piece of paper in half to make a card shape.
2. Children draw a heart shape onto the front of the folded coloured paper. They can draw around a heart template if needed.
3. Put out a variety of colour paints.
4. Use cotton buds to dab paint on the paper rather than using brushes, creating a dot effect. You can either do it inside or outside of the heart for effect.
5. Use a different cotton bud for each colour.
6. Encourage children to try and keep their dots the same size and evenly spaced to create patterns.



7. Children write their message inside the card!