Cooking Plan

Yoghurt Lollipops



INGREDIENTS

Makes 6 x 75ml (3fl oz) lollies

- 2 x 45 g pots chocolate mousse
- 600 g (1lb 5oz) vanilla yogurt
- 2 Tbsp. strawberry jam

Method

1. To make the chocolate mixture, combine the 2 chocolate mousses with 3tbsp vanilla yogurt. For the strawberry mixture, in a separate bowl combine 200g (7oz) vanilla yogurt with the strawberry jam.

2. Layer strawberry, chocolate and vanilla flavours in spoonfuls to fill 6 x 75ml (3fl oz) ice lolly moulds, or half-fill 4 x 150ml (5oz) plastic drinking cups. If you prefer, you can fill the whole mould or cup with a single flavour. Push lolly sticks into the centre of moulds or cups (or use the sticks provided) and freeze until solid, at least 5hr.

3. Gently twist the lollies or dip briefly into hot water to unmould, or if using disposable drinking cups, use a pair of scissors to cut them off the lollies. Serve immediately.